GROUP KETAMINE ASSISTED

May 4th, 2024 THERAPY 1724 Vine St. 1:00-5:00pm THERAPY Denver, CO 80206

A TRAUMA INFORMED IMMERSION

Are you curious about Ketamine/psychedelic assisted psychotherapy? Looking for deeper psychological and/or emotional exploration? Want to improve your mental and emotional health?

Ketamine assists in increasing neuroplasticity in the brain creating more openness and receptivity to interrupt old patterns. Increased cognitive flexibility supports new learning and growth.

Benefits:

- Decreased symptoms of depression, anxiety, trauma, addiction and other mental health concerns
- Increased psychological-emotionalspiritual exploration
- Increased creativity, focus, insight and motivation

Includes:

- One group preparation session and one post-journey integration session (virtual)
- A safe, ethically guided ceremony and container for your journey.
- Integration activities to help you deepen and embody your experience.
- Light snacks to nourish you after your journey.

For more information and to sign up: Becky Natenberg

> becky@zoeticcounseling.com (928) 853-8781

> > OR Sandy Pryor

info.Pryorcounseling@gmail.com 303-570-8397

COST

- \$650 for the immersion, prep and integration
- Plus additional medical intake fee (\$300)

DATES

May 1st: Preparation 6:30-8:00PM

May 4th: Medicine session 1:00-5:00pm

May 13th: Integration 6:30-8:00pm

*This group may not be appropriate for those with chronic and persitant mental health concerns or those is acute crisis



Becky Natenberg MA ,LPC



Kate Reaney, PA-C

Guided by

